

Health Care Plan

SEVERE ALLERGY TO: _____

Child's Name _____ Birth Date _____ Current Weight _____

Center _____ Classroom _____

EMERGENCY TREATMENT

For Mild Symptoms

- Several hives
- Itchy skin

OR If an ingestion (or sting) is suspected:

- Swelling at site of an insect sting

Treatment

1. **Contact** the parent/guardian or emergency contact person.
2. **Stay** with the child; keep child quiet, monitor symptoms until parent/guardian arrives.
3. **Watch** student for more serious symptoms listed below.

Special Instructions (for health care provider to complete):

Severe Symptoms can cause a Life Threatening Reaction

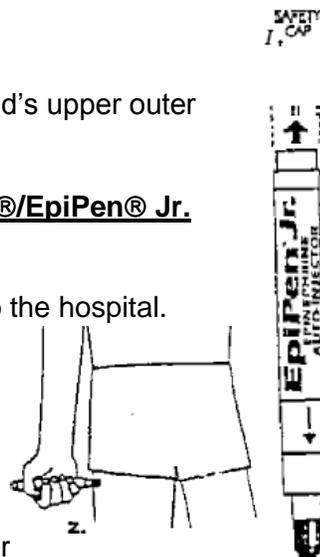
- Hives spreading over the body
- Wheezing, difficulty swallowing or breathing
- Swelling of face/neck, tingling or swelling of tongue
- Vomiting
- Signs of shock (extreme paleness/grey color, clammy skin)
- Loss of consciousness

Treatment

1. Use pre-measured EpiPen®/EpiPen® Jr. immediately, place against child's upper outer thigh, through clothing if necessary.
2. **CALL 911** (or local emergency response team) immediately.
*** 911 (emergency response team) should always be called if EpiPen®/EpiPen® Jr. is given.**
3. Contact parent/guardian or emergency contact person.
If parent/guardian unavailable, center staff should accompany the child to the hospital.

Directions for use of EpiPen®/EpiPen® Jr.:

1. Pull off grey cap.
2. Place black tip against child's upper outer thigh.
3. Press hard into outer thigh, until it clicks.
4. Hold in place 10 seconds, then remove.
5. Discard EpiPen®/EpiPen® Jr. in impermeable can. Dispose of per center policy, or give to emergency care responder. Do not return to holder.



Special Instructions (for health care provider to complete)

Prescribing Practitioner Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

